




MindEd

e-learning to support young healthy minds

A young boy with blonde hair, wearing a purple hoodie, is climbing a tree. He is smiling broadly, showing his teeth. The background is filled with green and yellow leaves, suggesting an autumn setting. The tree trunk is dark and textured.

**Free online education to
help adults identify and
understand children
and young people with
mental health issues**

Available now: www.minded.org.uk

‘Many adults in regular contact with children and young people have little or no idea how to recognise or respond to emotional or behavioural problems.’



Working with children and young people can be complicated. When problems arise, you need to have information that you can trust at hand to give you the confidence to swiftly make the right decision for those in your care.

But there is so much information available these days; it's hard to know where to begin or where to turn for a definitive answer. Understandably this can create uncertainty which can delay or prevent action. The evidence shows, however,

that when mental health problems are identified early, outcomes are improved. This is where MindEd can help.

MindEd provides free practical e-learning sessions when and wherever they're needed, quickly building knowledge and confidence to identify an issue, act swiftly and improve outcomes for children and young people.

Start using MindEd now, it's free and easy to use. Visit <http://www.minded.org.uk>



‘With three-quarters of adult mental disorders in evidence by the age of 21, effective early interventions are essential in preventing the development of ill health and disability.’

MindEd is funded by the Department of Health and developed and written by experts in child and mental health.