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Mental Health Masterclass with Natasha Devon MBE

Tuesday 16th January 2018 | Advent House, Victoria, Cornwall | 09:30 - 12:45

**DON'T MISS
OUR
EARLY BIRD
PRICE!**

Masterclass overview

- Learn the three key skills crucial to mental health in children and young people and why it's increasingly difficult for schools to practice them.
- Explore practical exercises which promote good mental health, positive body image and high self-esteem in the classroom – For both primary and secondary pupils

Masterclass with one of
The Sunday Times
and **Debrett's**
*'Top 20 Most Influential
People in Education 2016'*

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Overview

One in ten children and young people aged 5 to 16 has a clinically diagnosed mental health disorder and around one in seven has less severe problems. Our youth spend more time in school than they do anywhere else except their own home. School is one of the best places for both educators and students to become increasingly aware of mental health, mental health problems and mental health disorders. However it is an area that schools naturally find a challenge to manage and support.

In this Masterclass, Natasha Devon will share approaches to support children with poor mental health, promote positive mental health and identify and address those with less severe problems at an early stage and build their resilience.



About Natasha Devon MBE

Natasha Devon MBE is a Writer, Campaigner and Pundit. She is co-founder of the Self Esteem Team and the Body Gossip Education Programme, both working in schools to help teenagers, their parents and teachers with mental health and body image challenges. She has authored several books and has a weekly column in the Times Educational Supplement. In 2016, the Sunday Times and Debrett's named Natasha one of the 20 most influential people in education.

"Engaging, enlightening, inspirational and transformative"

"Such an incredible conference"

"The most entertaining yet informative speaker"

Delegate feedback from the 'Mental Health Masterclass with Natasha Devon MBE', Exeter, February 2017

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Early bird price (valid until 20th October 2017): £99+VAT

Non-Member full Masterclass price: £119+VAT

CAPH early bird price (valid until 20th October 2017): £79+VAT*

CAPH Member Masterclass price : £99+VAT*

*To claim, please enter 'CAPH price' in the Purchase Order field when booking

Who should attend?

Primary and Secondary School Teachers, Pastoral Leaders, Special Educational Needs Coordinators, Designated Teachers for looked after children and others working to support children who suffer from, or are at risk of developing, mental health problems.

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