### THERAPEUTIC COACHING FOR YOUR CHILDREN

### ACCREDITED TRAINING FOR YOUR STAFF TEAM



Hope Wisdom Freedom



# How we can help you

We are a team of qualified professionals with experience in a wide range of settings and can design a bespoke therapeutic support package for you.

We can help with:

- Anxiety and school refusal
- Aggressive behaviour
- Low mood or self-harm
- Emotional challenges hindering progress in education.

Working with schools, families and fostering organisations to help children untangle life's problems, increase their emotional intelligence and plan for the future.





#### Did you know?

Following our 1:1 support in schools

87.8% of schools reported an improvement in behaviour

86.6% of schools reported an improved focus on learning

88.6% of schools reported an improvement in the pupils ability to manage their anxiety

Click here if you would like to see the full impact report on our website

# 1:1 therapeutic support for children in your school

We offer 1:1 Emotional Logic coaching support for pupils and their families. Our coach will visit your school one day each week for half a term and work with up to five children each day and their families if appropriate. This means that each child will receive 6 sessions over the half term. The coach will then write an impact report with the child and this can be shared with school, parents and carers to celebrate the progress made. This type of support works best with children aged 9 and older.

We often work with children with anxiety, aggressive behaviour, emotional based school refusal, depression or self-harming behaviour. We usually work with children on their own but in some circumstances they can be joined by a parent, carer or known member of staff.

If you would like to find out more about this offer, please contact us via email on **info@excitingeducation.co.uk** or alternatively, phone Christiaan for further information on **07854 120286**.

## Staff training offer

We are able to offer introduction sessions to staff or parent groups.

We also provide two levels of fully accredited qualifying training for your staff team.



#### **Staff and Parent Introduction Sessions**

Our introduction sessions are tailor-made to meet the needs of your team and can be delivered in a range of ways to suit you. They give your team a hands-on insight into how the technique works and how it can be used in your unique setting. Staff will leave with a basic understanding of how the technique works and with some of our kingesthetic materials.

Some schools ask us to deliver introduction training as part of their weekly staff meeting sessions. Others plan the training in as part of an INSET day. Sessions can last anywhere between 90 minutes and a full school day depending on your needs.

We can deliver introduction sessions to parent and carers groups and have specialist training sessions for professional foster carers. Prices vary depending on the size of your team and the duration of the training. If you would like to explore how we can support you with this, please contact us. It is important to note that introduction training is not a qualifying or accredited course and staff are not qualified to use Emotional Logic with children after this session.

I have been teaching for over 20 years and this is the most impressive intervention I have seen in that time.

The relationship you have formed with the children has been fantastic. I'm very impressed and would highly recommend!

Rachel Berry
South Brent Primary School



#### Did you know?

Both our qualifying courses are accredited through the CPD Standard's Office and come with either 60 or 120 CPD points.

We have also been awarded the DFE's Matrix Standard Accreditation for the quality of our information, advice, guidance and support.

### The Foundation Award in Emotional Logic

This level of training qualifies you to use our unique kinaesthetic teaching materials and lesson plans to teach Emotional Logic skills to individuals or groups of pupils using safe, imaginary scenarios.

The Foundation Award is delivered through a combination of two face-to-face days plus online learning and course work. The two training days plus the online learning takes approximately 30 hours of study and runs over a period of about 8 weeks.

This level of training costs £350 per person. Your school will also need to purchase a one-off set of resources and lifetime print licence for the school, which costs £250. If you are registered with us as having purchased a lifetime licence in the past you will not need to do this again.

If you are interested in securing places on our next available course, please contact us as soon as possible on **info@excitingeducation.co.uk** 

The staff training we received was fantastic. It made all our staff see things from a different perspective and started us on our Emotional Logic journey. In over 20 years I don't think any other training has had quite the same response from staff and I have many staff requesting further training.

Emma Newman, SENDCo, Moorsway Federation

#### **Emotional Logic Facilitator (ELF) Training**

This level of training enables you to become a **fully qualified** Emotional Logic Coach so that you can support children and their families with their **real life, complex emotional problems.** Once qualified, you can also undertake paid work in a freelance capacity if you wish to do so.

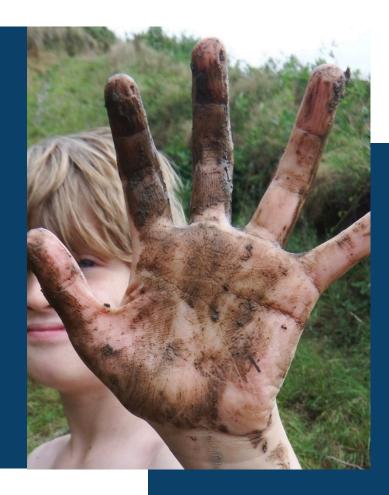
This level of qualification will enable you to lead the provision across your school or Trust and supervise others who have trained to Foundation level. You must have completed the Foundation Award training first.

The ELF training lasts approximately two terms and takes around 120 hours of study. Some of the training is delivered in small groups but most is on a 1:1 basis with your tutor and is based around case work planning and review. Trainees can begin working with the most vulnerable pupils on a 1:1 basis immediately and operate under the supervision of a qualified coach. This level of training costs £1800 per person. It also provides 120 CPD points.

The Emotional Logic training, support and instructors are phenomenal.

The knowledge and skills I have gained from them have enabled me to help both children and adults make massive improvements along their emotional journeys, to understand what they are experiencing, and to find their own light at the end of the tunnel.

Nathan White SENDCo and EYFS Lead, Mayflower Community Academy



#### What schools say about us

Your coach is absolutely amazing! She has had such an impact in such a short time. The students immediately trust her and talk to her which is so important for this work.

I would love to have her in my pastoral team. Please can we clone her!

#### Averill Jewell, Assistant Principal, Bideford College

All of the children you supported have made significant improvements in attendance, anxiety and their emotional wellbeing. I cannot thank you enough for your frequent communication, updates and just 'fitting in' by organising sessions without adding to the workload of a busy Primary School. If funding allowed I would employ one of your coaches full-time.

Sarah Jane Tustain, Headteacher, Plympton St Maurice Primary School.

#### **Trusted by**

















If you would like to book 1:1 support or training places or if you have any questions, please contact us on info@excitingeducation.co.uk or call Christiaan on the number below.

www.excitingeducation.co.uk m: 07854 120286