



**Sleep Right™**

Hosted by Jan Jenner qualified Sleep Expert with guest Sleep Consultants. Sleep Right will give your school the tools to help young people's sleep difficulties, if they are resident or day students. Know what's important, up to the minute, evidence based, reliable strategies. Developed in association with partner schools and the National Association of Special Schools.

**"Our night manager and her deputy attended and they found it immensely useful. They were very excited that they now had the skills to provide sessions for the night team. They are looking forward to support young people."**

**"A fantastic additional skill when working with vulnerable children."**

**2 days | 4 sessions**

**Tues & Thurs 23 & 25 March 2021**

**OR Tues & Thurs 27 & 29 April 2021**

**10 - 11:30am & 12:30 - 2pm each day**

**£370 | Book via Eventbrite**

**12 hours of CPD | Accredited by the CPD Standards Office**



**BOOK MARCH**

**BOOK APRIL**