

A photograph of a woman holding a young child in a grassy field at sunset. The woman is seen from the side, holding the child in her arms. The child is looking down. The background is a bright, hazy sunset over a field of tall grass.

Childhood Today: Early Experience Trauma, Neurobiology & Therapeutic Challenge

Graham Music is a Consultant Child and Adolescent Psychotherapist at the Tavistock and Portman Clinics and an adult psychotherapist in private practice. He is an internationally respected clinician and trainer with decades of clinical experience. He now uses psychoanalysis alongside modern developmental thinking from neurobiology, attachment and trauma theory and mindfulness to create a distinctive therapeutic approach to helping traumatised children. His recent publication *Nurturing Children, From Trauma to Growth Using Attachment Theory, Psychoanalysis and Neurobiology* (2019), skilfully tackles major issues affecting troubled children, including trauma, neglect, depression and violence. His previous publications include *The Good Life: Wellbeing and the new science of altruism, selfishness and Immorality* (2014) and *Nurturing Natures, Attachment and Children's Emotional, Sociocultural and Brain Development* (2010). He has a particular interest in exploring the interface between developmental findings, clinical work and their social implications.

Amanda Jones is a Consultant Perinatal Psychotherapist and Professional Lead of NELFT NHS Foundation Trust's Perinatal Parent Infant Mental Health Service. She trained as a systemic therapist. Her doctoral research at the Tavistock Centre/UEL studied how mothers' use of maladaptive defensive processes can derail their baby's development. In collaboration with the Anna Freud Centre, Amanda was the therapist in the Channel Four documentaries 'Help me love my baby', winner of the Royal Society of Television's best factual programmes award. With the NSPCC and Warwick Medical School she made 5 further documentaries called 'Breakdown or Breakthrough: pregnancy, birth and the first 18 months of life', available for free online, for all practitioners working with parents and babies in distress. Amanda speaks at national and international conferences on psychodynamic parent-baby treatment. She contributes in several governmental policy groups to try and enhance understanding about the importance of early intervention and the need to develop equitable integrated psychotherapy and psychiatric NHS community perinatal parent infant mental health services in the UK.

Venue: St Austell Business Park Conference centre

Date: Tuesday 29th October 2019

Sat Nav: PL25 4EJ

Cost: £40

Booking: [eventbrite.co.uk](https://www.eventbrite.co.uk)

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