

Online Resilience Tool Training



The HeadStart Kernow Online Resilience Tool is a free resource which helps professionals identify whether a young person's online behaviour is harmful, potentially harmful or not harmful. It is available to download from www.headstartkernow.org.uk/digital-resilience

This free training covers how to use the tool and assess young people's online behaviour; what to do when you have identified a behaviour and online activities and the law.

Places are fully funded by HeadStart Kernow for colleagues in Cornwall. Book here:

www.headstartkernow.org.uk/calendar/book-training/

The training is split into 2 sections.

The training date you select is the MS Teams Meeting and therefore this is the time you must be able to attend. A week before this you will receive a link to an online training resource to work through at your own pace and should be completed before MS Team meeting happens.

The self-study activities will take approximately 2 hours to complete and the MS Teams meeting will last one hour. The MS Team Meeting is an opportunity to discuss the activities and ask any questions you have.

Available dates (pick one)

- 12th July 2021 - 11.30-12.30
- 26th July 2021 3.30-4.3
- 16th August 2021 11.30-12.3
- 25th August 2021 2.00-3.00
- 13th September 2021 11.30-12.30
- 27th September 2021 3.30-4.30

More dates will be added later in the year

Parent / Carer Resources (released June 2021)

IN response to popular demand, we have modified the Online Resilience Toolkit to create a series of 5, age appropriate resources for parents and carers. The resources provide an appropriate level of information to support parents and carers become more confident and competent in dealing with the online world. The resources also help parents 'start the conversation' with children / young people. The resources and associated podcasts can be found here:

www.headstartkernow.org.uk/digital-resilience/parent-digital-offer/



Podcasts

As well as the resources, HeadStart Kernow is also keen to build a wider understanding of online wellbeing and resilience. Professor Andy Phippen and Louisa Street have created a number of thematic podcasts that both professionals and parents / carers might find interesting. As with everything, these are freely available at: www.headstartkernow.org.uk/digital-resilience/digital-podcasts-2/

