Psychology Associates

Grief and Loss





Date: 4th July 2022

Timings: 9.00am-12.00pm

Cost: £65 + VAT

This training is for people in any position within their work setting who may come in contact with colleagues, clients or parents who have experienced loss and bereavement. The training will increase knowledge and understanding of grief and loss. The subject is approached with compassion and the delegates will be helped to build skills and confidence to think about grief, how it affects us all and how to help and support others who are experiencing loss. Psychological theory and research as well as the lived experiences of those who have survived loss help to inform this training. Effects of grief and loss are explored and social and cultural differences are considered. There will be a mixture of information giving, reflection and voluntary participation to help embed and practice new learning.

This training will be delivered by Dr Kerry Davison, Clinical Psychologist and Clinical Director at Psychology Associates. Kerry is highly experienced in providing therapeutic intervention to individuals across the lifespan, who are experiencing complex mental health difficulties. Kerry provides supervision and individual and group consultation to a wide variety of organisations, promoting Mental Health informed decision making and practices.



Testimonials from previous similar virtual trainings:

"I thoroughly enjoyed this course and Kerry was very kind and easy to talk to."

"Thank you for a wonderful informative day, brimming with ideas and delivered in an interesting manner."

To book your place, please <u>click here</u> or email <u>Training@psychologyassociates.org.uk</u> to request a booking form, or call on; 0300 303 5233

www.psychologyassociates.org.uk

