

Arena working in partnership with Cornwall Association for Primary Heads Pricing Guide

Description as 2022-2023 Version One

Background – Who are Arena?

Arena is a successful School Sports Partnership which was established in 2011 as a legacy of the Callington School Sport Partnership. We have been successfully developing and delivering PE and School Sport support programmes to schools in Cornwall, Devon and beyond for over 10 years. We have a team of experienced, enthusiastic and dedicated primary practitioners who specialise in PE and Outdoor Learning. We can provide a range of high quality bespoke packages to meet the needs of your school.

Plus Offers

In response to a number of schools wishing to purchase more than one support day and/or more than one block of coaching support, we have the Plus Offers. This will provide schools better value for money, as they will be able to purchase support days and blocks of curriculum delivery at a discounted rate.

We have Bronze, Silver, Gold and Platinum packages in PE, Health & Wellbeing or Wild Tribe - please see the separate packages offer. Any items * below can be chosen as part of these packages. Please note we can develop bespoke packages for schools.

NEW FOR 2022-2023

Promoting PE, Health & Wellbeing and Outdoor learning as we push through the Pandemic

Earth Tribe Sustainable Environments Programme

Linked to Key Indicators 1, 2 and 4	Climate change - Schemes of Work Package In response to the climate change curriculum we have developed schemes of work which are science based, can be delivered in the outdoors and will answer the needs of the new climate change curriculum. These schemes of work are for EYFS, KS1 and KS2	One off payment £250
Linked to Key Indicators 1, 2 and 4	Climate Change Day This can be delivered as a one day programme in your school. We will work with your children to identify an area or areas within your school which could become a focal point for promoting climate change. We will work with your children to develop this area, it could be a garden to attract insects, an area to collect water or wild life area which needs a new lease of life. This day will be designed to meet the needs of your school.	£375 delivered as a day
Linked to Key Indicators 1, 2 and 4	Climate Change Pupil Leadership This is a one day course for children who have the potential to become climate change ambassadors across your school. We will teach your children to lead activities across the school in a fun and engaging way. The activities will be delivered in the outdoors. This will raise standards and increase engagement in science and literacy and develop leadership	£375 delivered as one day

Health and Wellbeing - Sugar Smart

In response to a significant increase in the rise of both obesity and diabetes in children we have developed a range of programmes which are all aimed at encouraged children to become Sugar Smart.

<p>Linked to Key Indicators 1, 2 and 4</p>	<p>*Healthy Hearts Healthy Minds KS1 and KS2</p> <p>In response to the rise in anxiety amongst children we have put together this programme to support your pupils. This will support children with exercises which helps them with their thoughts and feelings. Children will take part in mindfulness sessions and relaxation session through Yoga and Pilates. They will also have some fun taking part in Zumba sessions. With the ability to relax and with an increased awareness of how they are feeling, children should experience less emotional reactivity and a greater ability to listen and communicate more thoughtfully and effectively. This programme links to the RSE health education guidance outcomes.</p>	<p>£375 one day</p>
<p>Linked to Key Indicators 1, 2 and 4</p>	<p>*Healthy Movers KS2</p> <p>In response to the new Governments (RSE) and Health Education Statutory guidance 2019 we have developed this programme. Children will learn through a fun and interactive way what constitutes a healthy diet. How they can plan and prepare a range of healthy meals and understand the characteristics of a poor diet and risks associated with unhealthy eating. This will be connected with the importance of building regular exercise into daily and weekly routines with children encouraged through this programme to participate and design their own daily physical activity programmes.</p>	<p>£375 one day</p>
<p>Linked to Indicators 1,2 and 4</p>	<p>Afpe Level 4 - Supporting Pupils Wellbeing through physical Education</p> <p>The qualification is a nationally recognised qualification that enables delegates to become specialists in supporting the emotional and social wellbeing of pupils through physical education. The qualification is open to both primary and secondary schools teachers with QTS involved in the teaching of physical education. The course has been designed to be delivered by either face-to-face study or blended learning, making use of virtual channels for knowledge acquisition supported by traditional assessment. The qualification consists of 4 units and has a total course time of 30 hours</p>	<p>10 guided learning course delivered in modules £375</p>
<p>Linked to Indicators 2 and 3</p>	<p>*Deep Dive in PE</p> <p>We will spend the day with you at your school to support you in preparing for a deep dive in PE. We will take a look at your website and your PE action plan. We will work with you to review your PE provision, skill progression over the key stages and look at how you can evidence progression in PE. We will look at staff development and how staff are supported in the teaching of PE. What role health and wellbeing plays in your school and look at the impact PE has on the whole child. The day will guide you through the latest Ofsted guidance on a deep dive and ensure your school is ready and have the evidence to go through a deep dive in PE.</p>	<p>£375 one day</p>

Linked to Key Indicators 1 and 2	<p>*Teaching Assistant Sugar Smart/Playground leader Training</p> <p>How can you increase 30 active minutes in your playground? This course will support TAs and meal time assistants in supporting the delivery of active games in playtimes and lunchtimes and how to support the playground leaders/sugarsmart leaders programme.</p>	<p>£225 ½ a day</p>
Linked to Key Indicators 1, 2 and 4	<p>*Sugar Smart Minis</p> <p>This programme is aimed at children age 4–7 (Key stage 1). It can be delivered through a range of sports including tag rugby, dance, balanceability, mini tennis and mini fencing. This can be delivered as a 2 hour session curriculum session or a 1 hour curriculum time session with a 1 hour after school club. The aim is to teach children in a fun and interactive way to be Sugar Smart at the same time as engaging in fun sports activities. Children will be awarded a certificate on gaining Sugar Smart Mini status.</p>	<p>£375 one day</p>
Linked to Key Indicators 1 and 2	<p>*Sugar Smart Leaders</p> <p>How Sugar Smart are the children in your school? Do they have the knowledge to make smart choices when it comes to choosing snacks, packed lunches or main meals? Do they regularly eat a balanced diet? This programme is aimed at teaching 16 – 20 pupils with strong leadership skills to become Sugar Smart, organising activities for younger children/peers to encourage them to be Sugar Smart and promoting healthy choices and physical activity in your school. This can also support you in gaining healthy schools status as it could be used as a case study in your school.</p>	<p>£375 one day</p>
Linked to Key Indicators 1 and 2	<p>*Sugar Smart 30–30 Active Minutes Per Day</p> <p>How can you increase the number of children in your school to be active for 30 minutes per day? Could you improve your outside/inside space to promote daily physical activity? Could it be included in your curriculum in an innovative way? We will spend a day at your school looking at ways to improve physical activity and how your school can increase the number of active minutes for your children. As a result, we will obtain quotes if required, produce a report for your school which will include recommendations for next steps, guidance and support on implementation.</p>	<p>£375 one day</p>
Linked to Key Indicators 1 and 2	<p>*Sugar Smart Buddies</p> <p>This programme is aimed at supporting you in engaging parents in the Sugar Smart programme. We will run a workshop or a number of workshops which will enable your children to work alongside their parents in a fun and interactive way, promoting parental engagement at your school together with health and well-being with the ultimate goal of producing Sugar Smart buddies to support your children to become Sugar Smart.</p>	<p>£225 ½ day</p>
Linked to Key Indicators 1 and 2	<p>*Health and Well-Being MOT</p> <p>What does Health and Well-Being look like in your school? Do you know the next steps you need to take? We will provide a day of support in your school which you can design to meet the needs of H&WB in your school. This can include pupil/staff conferencing, health audits, curriculum mapping, support in developing Health and Well-Being days/weeks, activity plans to increase 30 active minutes for your children and guidance in accessing accreditation and/or funding for your commitment to Health and Well-Being.</p>	<p>£375 one day</p>

<p>Linked to Key Indicators 1, 2 and 4</p>	<p>*Healthy Active Lifestyles Package/Health and Well Being Day (Up to 75 children)</p> <p>We can support your school in the delivery of an innovative Health and Well-Being Day which will include a range of sports and activities. As this is an Olympic year, why not have an Olympic twist to your day. Two members of staff will deliver a programme of activities for your school and set up a timetable which will support a day of Health and Well-Being workshops. An additional charge can be made for larger numbers of children. An additional charge will also be made for the H&WB Chefs workshop to cover the cost of resources.</p>	<p>A day of activity will usually be a one off charge of £400 However, we will negotiate this with individual schools.</p>
<p>Linked to Key Indicators 1, 2 and 4</p>	<p>*Alternative Sports Day/Olympic Day (Up to 75 children)</p> <p>We can support your school in the delivery of an innovative Alternative Sports Day which will include a range of sports and activities. This could be in addition to your normal sports day. As this is an Olympic year why not have your own Olympic Day. Three members of the Arena team will deliver activities include Fencing, Lacrosse and Ultimate Frisbee. An additional charge can be made for larger numbers of children. The Alternative Sports Days can be used for focus groups: Girls Only, Service Pupil Premium, Disengaged Pupils or Pupil Premium.</p>	<p>A day of activity will usually be a one off charge of £475 However, we will negotiate this with individual schools.</p>

Raising Achievements – Wild Tribe Outdoor Learning

<p>Linked to Key Indicators 1, 2 and 4</p>	<p>*Wild Tribe Achievement Award</p> <p>This award can be seen as a mini Duke of Edinburgh Award Scheme for primary aged children. The aim of the award is to develop the child as a rounded individual; a child that has fun, grows in confidence, learns new life skills and gains an appreciation of nature. These children will be able to cope with successes and failures and will have a positive outlook on life. It is divided into 3 levels, Bronze, Silver and Gold and within each level there are four strands:</p> <ul style="list-style-type: none"> • Health and Wellbeing • Volunteering and Leading • Life Skills • Respecting and Enjoying the Environment <p>A certificate will be awarded for the completion of each. Additional awards are available: embroidered badges and/or medals</p>	<p>One off cost £150 additional cost for badges/ medals</p>
<p>Linked to Key Indicators 2 and 4</p>	<p>*Wild Tribe First Aid</p> <p>Our First Aid programme has been written in response to the new Governments (RSE) and Health Education Statutory guidance 2019. <i>'Today's children and young people are growing up in an increasingly complex world... In this environment, children and young people need to know how to be safe and healthy...'</i> (pg4 DfE RSE and Health Education Guidance)</p> <p>The one day course will focus on ensuring pupils on:</p> <ul style="list-style-type: none"> • How to make a clear and efficient call to emergency services if necessary • Concepts of basic first-aid, for example dealing with common injuries, including head injuries <p>They will learn the basics of first aid in an outdoor setting and how to administer initial first aid. The six week course will build on the one day course and children will learn: what first aid is, how to assess for danger and risk, the ABCs of first aid, how to administer first aid and how to use their first aid skills in a range of scenarios. They will receive a certificate of attendance on completion of the courses</p>	<p>£375 one day</p>

<p>Linked to Key Indicators 2, 3 and 4</p>	<p>Wild Tribe Outdoor Learning Schemes of work with Resource Boxes</p> <p>We have SOW and resource boxes available in KS1 and KS2 and a whole school resource box with SOW for each Key Stage. These resources will support you with planning and preparation of outdoor learning, giving you more time to dedicate to teaching your children. Examples of the resources include 'Pigeon Power' at KS1- 'How to discover and protect the secret wonders of the environment journey with Penelope Pigeon on this 6 week unit'. Nature's poet at KS 2 will enable you to explore and discover the poetic possibilities of the natural environment in this 6-week block of outdoor learning lessons.</p>	<p>Cost starting from £225 for a resource box and SOW further details are available on our website</p>
<p>Linked to Key Indicators 1, 2 and 3</p>	<p>The National Curriculum Outdoors – A series of 5 books</p> <p>This is a series of 5 books from KS1–Year 6. These books have been written in collaboration by Deborah Lambert, Michelle Roberts and Sue Waite. The series of books offer six progressions for: English, maths, science, geography, history, Art and Design, Design Technology and music for each year group, including French Language for Key Stage 2. These are available individually or as a pack of 5 which includes the author discount.</p>	<p>Individual books £24 Set of 5 books £110</p>
<p>Linked to Key Indicators 1, 2 and 3</p>	<p>*The National Curriculum Outdoors – Inset training</p> <p>Gain an insight into the books and how they were written with an inset training day delivered by Michelle or Debbie. Look at how you can embed outdoor learning whole school, how you can use the books to support you in the development of an outdoor learning curriculum provision map. This inset will also support you in how to up skill your staff in outdoor learning skills and how you can effectively connect them to the curriculum.</p>	<p>£375 full day or £225 half day training</p>
<p>Linked to Key Indicators 1, 2 and 4</p>	<p>*Developing 'Emotional resilience' through outdoor learning</p> <p>We will develop emotional resilient strategies with your children through this programme using mindfulness in the outdoors, problem solving practical tasks, reflection, and engagement and seek to establish a sense of self and group identity through learning in the outdoors.</p>	<p>£375 one day</p>
<p>Linked to Key Indicators 2 and 3</p>	<p>Wild Tribe Outdoor Learning Subject Leader Award</p> <p>The aim of this qualification is lead on the delivery of high quality outdoor learning within a primary school setting. This is a 4 day course which will focus on the following areas:</p> <ul style="list-style-type: none"> • The importance of Outdoor Learning • A whole school approach to outdoor learning • Advanced practical skills • Leading Teaching & Learning • Sustainable Improvement in the outdoors 	<p>£550</p>
<p>Linked to Key Indicators 1 and 2</p>	<p>*Wild Tribe Literacy Leaders Course</p> <p>This is a one day course for children who have the potential to lead literacy across your school. We will teach your literacy leaders to lead activities through literacy across the school in a fun and engaging way. The activities will be delivered in the outdoors. This will raise standards and increase engagement in literacy alongside encourage children to be more active.</p>	<p>£375 one day</p>

Linked to Key Indicators 1 and 2	<p align="center">*Wild Tribe Maths Leaders Course</p> <p>This is a one day course for children who have the potential to lead maths across your school. We will teach your maths leaders to lead activities through maths across the school in a fun and engaging way. The activities will be delivered in the outdoors. This will raise standards and increase engagement in maths alongside encourage children to be more active.</p>	<p align="center">£375 one day</p>
Linked to Key Indicators 2 and 4	<p align="center">*Maths/Literacy Trail in a Day</p> <p>Are you completing the daily mile challenge? Could you improve this trail to impact on whole school targets? We can work with a group of children to develop a maths trail in a day. From fraction walls and stepping stones to geometric seating. As a result of the day we will leave a legacy trail which can be used to increase the number of children active for 30 minutes and developing their literacy/maths trails.</p>	<p align="center">£375 (there may be a small charge for resources)</p>
Linked to Key Indicators 2 and 4	<p align="center">Wild Tribe Resource Bank</p> <p>We can produce a range of resources for your school from mud kitchens to music walls, multiplication trees and other smaller resources to help develop your outdoor learning. Full details now available visit our website or call us</p>	<p align="center">Individual price list available @ www.arena-schools.co.uk</p>
Linked to Key Indicators 2 and 4	<p align="center">Outdoor Interventions for Maths and Literacy</p> <p>How can you engage children in Maths and Literacy? Get them outdoors! If children are not engaging in these subjects in the classroom they may engage outdoors! This programme is aimed at working with children who require support in maths/literacy intervention. We can work with up to 3 groups in an afternoon and deliver a fun engaging and active maths/literacy programme which will not only develop the children's skills in maths and literacy but could also be used as an opportunity to upskill TAs who are leading intervention groups. A fun and interactive way of delivering an active maths/literacy programme with whole school impact.</p>	<p>Bronze: 6 week course based on a 2 hour block - £900 Silver: 12 week course based on a 2 hour block - £1800 Gold: An academic year based on 36 weeks based on a 2 hour block - £5400</p>
Linked to Key Indicators 2 and 4	<p align="center">Wild Tribe Explorers</p> <p>Many children who do not achieve in the classroom will achieve through outdoor learning. This programme is targeted at children who require support in managing their behaviour, developing coping strategies and increasing their emotional resilience in learning. The programme will be tailored towards small groups of children and will be bespoke to meet their individual needs and can be delivered in a variety of different packages. This programme could be used as a case study to gain Healthy Schools accreditation/status.</p>	<p>Bronze: 6 week course based on a 2 hour block - £900 Silver: 12 week course based on a 2 hour block - £1800 Gold: An academic year based on 36 weeks based on a 2 hour block - £5400</p>

<p>Linked to Key Indicators 2 and 4</p>	<p>*Wild Tribe Rangers</p> <p>Do you have children in your school who enjoy learning in the outdoors and would like to develop their outdoor skills through leadership? We have developed a programme which promotes leadership skills and encourages children to take a lead role in organising activities for younger children/peers through outdoor learning. On completion of the course they will achieve Wild Tribe Ranger status and will be awarded a certificate and badge.</p>	<p>Bronze Ranger 1 day course (6 hours) - £375 Silver Ranger : 6 week course based on a 2 hour block - £900</p>
<p>Linked to Key Indicators 2 and 4</p>	<p>Wild Tribe Practitioner Award Whole School Training</p> <p>Are you keen to embed outdoor learning whole school? Do you have a number of staff who would like to train in outdoor learning but have limited time? The 'Wild Tribe Practitioners Award', is a 2 day training course which we can deliver for your school or for a number of schools in your Trust/Academy. We will provide all the equipment and resources that are required. We will also provide an assessment package for teachers who wish to be gain an accreditation for this training.</p>	<p>The cost of this package will be negotiated with the school depending on numbers. Please give us a call to discuss further. Price based on number of teachers attending and the needs of the school/MAT - As a guide: 20 teachers £2250</p>
<p>Linked to Key Indicators 2 and 4</p>	<p>Outdoor Learning Package/Wild Tribe</p> <p>Based on the principles of forest schools, the Wild Tribe outdoor learning package will provide your school with a 6 week or 12 week block or an academic year of outdoor learning in your school. Each session will be based on 2 hours of training and can be targeted at any age group from foundation to Year 6. Using places other than the classroom for teaching and learning provides a rich multi-faceted resource in which children can manage challenge and risks themselves. We can also link the learning to a range of subject areas.</p>	<p>Bronze: 6 week course based on a 2 hour block - £900 Silver: 12 week course based on a 2 hour block - £1800 Gold: An academic year based on 36 weeks based on a 2 hour block - £5400</p>
<p>Linked to Key Indicators 2 and 4</p>	<p>*Wild Tribe Days - English, Maths and other curriculum areas</p> <p>A day in the outdoors delivered through maths, literacy or a topic of your choice. Do you have reluctant writers? Children who are turned off maths? This experience will engage all children and provide you with the opportunity to experience new ideas and observe your children taking part in interactive activities at the same time as learning key skills. We will provide you with follow up activities from the day and inspire your teachers and children to get outdoors and active in key curriculum areas.</p>	<p>Wild Tribe Day will usually be a one off charge of £375. However, we will negotiate this with individual schools depending on class sizes.</p>

<p>Linked to Key Indicators 2 and 4</p>	<p>*Beach Tribe/Beach or Moorland Activity Day (up to 75 children) Building on the success of Wild Tribe we will deliver an outdoor learning experience at the beach or on the moorland. We will plan activities linked to literacy, numeracy or your current topic area. Your children will be given the opportunity to take part in fun and interactive tasks in a fantastic outdoor classroom this can include a variety of sports too.</p>	<p>One off charge of £450. However, we will negotiate this with individual schools depending on class sizes.</p>
<p>Linked to Key Indicators 2 and 4</p>	<p>*Wild Tribe Experienced Ranger Days Do you have an area of your school grounds which is in need of developing? Would you like your children to be involved in the reshaping of the area for outdoor learning but don't know where to start – call in one of our Wild Tribe Rangers they will work with your children in developing the area so it can be used for a range of outdoor learning opportunities. Alternatively our ranger will visit your school and will provide you with a report offering advice and guidance on how you can develop your outdoor area.</p>	<p>There will be a one off charge of £375 for this day. However we will negotiate this with individual schools.</p>
<p>Linked to Key Indicators 2 and 4</p>	<p>Wild Tribe Whole School inset training day in Outdoor Learning Do you want to embed outdoor learning across the whole school? We can provide a bespoke whole staff training day in outdoor learning. This could be based on skill development, ideas on linking schemes of work to the outdoors or how to set up an outdoor classroom.</p>	<p>We will deliver a training day to meet your school's needs. £375</p>
<p>Linked to Key Indicators 1 and 2</p>	<p>*Traditional Sports Day We will plan, organise and deliver a traditional sports day for your school. This will include: planning a timetable of events, preparing the site and sports events, working with your young leaders to run a day of competition. Two members of staff from the Arena Team will support you with what can be a time consuming day. You will just need to ensure the children are ready to enjoy a traditional sports day.</p>	<p>£375 one day</p>
<p>Linked to Key Indicators 2 and 3</p>	<p>*A Day Of Dance We will send a dance practitioner into your school to work with up to 4 of your classes in a day. They will follow a theme chosen by you as a school. As a result, there will be a whole school performance at the end of the day. Teachers will then be able to build on their own skills and use the dance developed with their class to further extend the children's knowledge in dance.</p>	<p>£375 one day</p>
<p>Linked to Key Indicators 2 and 3</p>	<p>*Impact and Evidence Day This programme will support you in completing your impact and evidence reporting of your PE and SS Primary Premium funding. A member of the team will spend half a day at your school establishing the baseline data, implementing data collection and creating a PE action plan at the beginning of the academic year, with a follow up half a day during the Spring term to support you with the collection and collation of your evidence.</p>	<p>£375 one day</p>

Linked to Key Indicators 1 and 2	<p>*Playground Leaders</p> <p>This is a new and improved 6 hour course which will train and support playground leaders in the delivery of playground games and activities for their peers and support you as a school in the delivery of 30 active minutes per day.</p>	£375 one day
Linked to Key Indicators 1 and 2	<p>*Imoves</p> <p>This is a fun and interactive programme which will provide you with an online resource. It is a digital platform with over 1000 curriculum based active literacy, maths lessons, includes daily challenges and alternative activities including Pilates, yoga and many more. A fun and easy way to increase activity in your school. Discounts available for the resource package through Arena.</p>	<p>Full day training £375</p> <p>Half day training £225</p>
Linked to Key Indicators 2 and 3	<p>*Lesson Observation Package</p> <p>Do you know the quality of the delivery of PE in your school? This package will provide you with a day of PE lesson observations in your school. The observations can take place alongside your Headteacher and/or your PE Subject Leader. You will be provided with a whole school report as a result of the observations and advice and support on the delivery of PE in your school.</p>	£375 one day
Linked to Key Indicators 2 and 3	<p>*Teaching and Learning in PE curriculum – Team Teaching and Planning</p> <p>We will provide a 2 hour planning session in a curriculum area of your choice. A specialist PE teacher will plan with a teacher and will then deliver the first 2 sessions of a unit together with the teacher. The Specialist will then return for the final session to support with pupil assessment and evaluation of the unit.</p>	£420
Linked to Key Indicators 2 and 3	<p>*Teaching and Learning in PE curriculum – Assessment and Schemes of Work</p> <p>We will provide a day of support for the whole school focusing on the implementation of the Arena new SOW and the effective curriculum planning and assessment in PE to meet the needs of your school.</p>	£375 one day
Linked to Key Indicators 2 and 3	<p>*Arena MOT in PE</p> <p>Is PE in your school high quality? Do you know the next steps you need to take? We will provide a day of support which you can design to meet the needs of PE in your school. This can include demonstration lessons, joint lesson observations, action planning and curriculum mapping.</p>	£375 one day
Linked to Key Indicators 2 and 3	<p>Arena PE Subject Leaders Award</p> <p>The aim of this qualification is to up skill primary PE subject leaders to lead on the delivery of high quality PE within a primary school setting. This is a 4 day course which will focus on the following areas: The importance of Primary PE, Pedagogy in Primary PE, Leading Teaching & Learning and Sustainable Improvement. This is an accredited qualification.</p>	£550

The above prices are fixed until 30th September 2022
All these prices are correct at the time of going to print March 2022. Arena reserves the right to amend or make any changes should it be necessary to maintain a high quality service.

PE and School Sport

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport